


# BEARDED COLLIES OLDIES BUT GOODIES!

OR HOW TO GET THE MOST FROM YOUR DOG'S  
WONDER YEARS!

# HOW TO KEEP OUR DOGS HEALTHY!

1. NUTRITION: They are what they don't eliminate...
  2. TREATS
  3. EXERCISE: Daily and moderation...
  4. MEDICAL CARE
  5. HOME CARE
  6. VACCINES
  7. SUPPLEMENTS
  8. FLEA AND TICK CARE
  9. WORK
  10. FUN!
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# **NUTRITION**


- 1. IFM .....CAUSE OF DISEASE...**
- 2. INFLAMMATION**
- 3. PROCESSING**
- 4. FOOD TYPES**
- 5. PROS AND CONS**
- 6. WORKING WITH YOUR VETERINARIAN**



# TREATS

1. PURPOSE
2. TYPES
3. TRAINING
4. CALORIES

# EXERCISE...

1. MOVEMENT – MAKE IT PLAY!
  2. SOCIALIZATION – BOTH HUMANS AND CANINES!
  3. HEALTH BENEFITS
  4. MODERATION IF SORE AFTERWARDS DECREASE/VET
  5. CONSIDER WORKING WITH A PHYSICAL THERAPIST FOR PREVENTION –
  6. TRAIN FOR GROWING OLDER
  7. MENTAL EXERCISE TOO!
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# **MEDICAL CARE**

**KNOW YOUR VET**

**KNOW YOUR EMERGENCY HOSPITALS**

**EMERGENCY KITS**

**SECOND OPINIONS**



# VACCINES

JUDICIOUS USE

SUITE THE VACCINES TO THE DOG

TEST WHEN POSSIBLE

LEPTO, LYME, CANINE INFLUENZA



# **HOME CARE**

**DAILY DENTAL CARE**

**DAILY GAMES**

**DAILY MASSAGE/ GROOMING**

**DAILY MEDITATION**

**TELLINGTON TOUCH**





# **SUPPLEMENTS / HERBS**

**OMEGA 3'S**

**CO Q 10**

**B VITAMINS**

**GINGKO**

**GINSENG**



# **FLEA AND TICK CONTROL**

**DAILY GROOMING – FLEA COMB**

**INSECT GROWTH REGULATORS FOR THE HOME**

**VACUMING – THROW A WAY BAG**



**AND LAST...**

**DOGS  
NEED  
LOVE AND JOBS!**

**References upon request....**

